



PLANNING SAISON 2023-2024
JUDO CLUB CHARENTON



HORAIRES / JOURS	LUNDI	MARDI	MERCREDI	JEUDI	VENDREDI	SAMEDI	DIMANCHE
9H00-09H45						EVEIL 2019 ANTOINE	JUDO TECHNIQUE JEAN-MARC
10H00-10H45						EVEIL 2019 ANTOINE	JUDO TECHNIQUE JEAN-MARC
11H00-11H45						EVEIL 2018 ANTOINE	JUDO TECHNIQUE JEAN-MARC
15H15-16H			EVEIL 2019 ALICE				
16H15-17H			EVEIL 2018 ALICE				
17H15-18H15	JUDO KATA	2014/2015 JEROME	2016 ALICE	2012/2013 JEROME	2017 SANA		
18H15-19H15	JUDO KATA	2012/2013 JEROME	2017 ALICE	2014/2015 JEROME	2016 SANA		
19H30-21H00	2006/2011 ANTOINE	ADULTES ANTHONY	TAISO NICOLAS	ADULTES ANTHONY	2006/2011 SANA		